

# A Whole-Population Study of National Trends in Child Abuse and Neglect by Sex, Race, and Ethnicity in the US

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 Supplemental content

**IMPORTANCE** Child abuse and neglect are associated with risk of negative health outcomes, and children in minority racial and ethnic groups and female children are disproportionately affected. It is unclear whether the incidence of child maltreatment has changed over time.

**OBJECTIVE** To determine whether incidence of child maltreatment and its subtypes changed across sex, race, and ethnicity in the US from 2012 through 2023.

**DESIGN, SETTINGS, AND PARTICIPANTS** In this serial, population-based, cross-sectional study, all Child Protective Services cases in the US from January 2012 through December 2023 for children from birth to age 17 years were drawn from the National Child Abuse and Neglect Data System. Race and ethnicity were recorded as per the data system. Population estimates of US children for corresponding years were from the US Census Bureau.

**MAIN OUTCOMES AND MEASURES** Confirmed and referred cases of emotional abuse, physical abuse, sexual abuse, and neglect per 10 000 children by race, ethnicity, and sex.

**RESULTS** From 2012 through 2023, there were 7 326 987 confirmed cases (per 10 000 children: 87.51 female and 78.46 male; 79.52 American Indian and Alaska Native, 17.72 Asian, Native Hawaiian, Pacific Islander, 121.69 Black, 67.21 White, 91.22 of multiple races, and 75.72 Hispanic) and 32 980 613 referrals (per 10 000 children: 382.72 female and 361.35 male; 293.45 American Indian and Alaska Native, 88.81 Asian, Native Hawaiian, Pacific Islander, 550.54 Black, 294.80 White, 358.08 of multiple races, and 313.43 Hispanic) for child maltreatment. Overall, confirmed cases of all forms of maltreatment declined (average annual percent change [AAPC],  $-1.53$ ; 95% CI,  $-2.07$  to  $-1.05$ ), except for sexual abuse, and remained unchanged for referrals (overall maltreatment AAPC,  $0.11$ ; 95% CI,  $-0.33$  to  $0.58$ ). Decline in most confirmed subtypes of maltreatment was found for Asian, Native Hawaiian, and Other Pacific Islander (overall maltreatment AAPC,  $-1.77$ ; 95% CI,  $-3.17$  to  $-0.58$ ), Hispanic (overall maltreatment AAPC,  $-1.81$ ; 95% CI,  $-2.67$  to  $-1.13$ ), and White (overall maltreatment AAPC,  $-0.74$ ; 95% CI,  $-1.08$  to  $-0.42$ ) children. Disparities persisted across the study period; incidence was lowest for all maltreatment subtypes among Asian, Native Hawaiian, and Other Pacific Islander children and generally highest among Black children. Both sexes experienced mostly decreases in confirmed cases and no changes in referrals for maltreatment overall (confirmed overall female maltreatment AAPC,  $-1.25$ ; 95% CI,  $-1.64$  to  $-0.90$  and confirmed overall male maltreatment AAPC,  $-1.81$ , 95% CI,  $-2.53$  to  $-1.21$ ), but female children experienced more maltreatment, with disparities largest and widening over time for sexual abuse ( $z$  score,  $5.52$ ;  $P < .001$ ).

**CONCLUSIONS AND RELEVANCE** In this study, child maltreatment declined for confirmed cases and remain unchanged for referrals. Disparities persisted, particularly for Black children. This group with the most room for improvement experienced none, whereas that with least room for decline—Asian, Native Hawaiian, and Other Pacific Islander individuals—experienced improvements. Progress is needed in combating drivers of maltreatment, particularly poverty, and in targeting differential barriers to access to public health benefits programs.

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**C**hild maltreatment occurs at higher rates in the US than in other North American and European countries.<sup>1</sup> Within the US, racial and ethnic minority populations are disproportionately affected. There is evidence from several studies that Black, Hispanic, and Native American children are at greater risk of maltreatment experiences than their Asian and White peers.<sup>2,3</sup> These disparities are consequential in several important ways. First, early maltreatment experiences are associated with a variety of negative physical and mental health outcomes later in life,<sup>4-6</sup> as well as a treatment-refractory course, particularly for depression.<sup>7</sup> Second, racial and ethnic minority individuals are significantly less likely to receive treatment for serious physical and mental health conditions,<sup>8</sup> including suicide.<sup>9,10</sup> Collectively, these findings suggest that greater exposure to child maltreatment experiences may place certain racial and ethnic minority groups at disproportionately increased risk of serious health conditions for which they are also less likely to receive needed treatment.

Beyond recognizing the existence of disparities in child maltreatment exposure across different racial and ethnic minority populations, a question of particular importance is whether the incidence of maltreatment experiences within these populations has changed over time. Monitoring temporal trends in child maltreatment is necessary for evaluating our progress in addressing this issue in racial and ethnic minority populations.

This study aimed to provide the first analysis of temporal trends at the national level of child maltreatment based on all official Child Protective Services (CPS) records in the US from January 2012 through December 2023. We characterized temporal trends in 12-month incidence of child maltreatment and its subtypes for the whole population and stratified by race and ethnicity. Given differences between female and male children in maltreatment experiences, particularly sexual abuse,<sup>6</sup> analyses were also stratified by sex. We also evaluated demographic disparities across the study period.

## Methods

### Data Sources

The National Child Abuse and Neglect Data System (NCANDS) Child Files consist of case-level reports of child maltreatment reported to CPS in the US. All alleged cases of maltreatment reported by legally mandated individuals (eg, schoolteachers and clinicians) and from any other source (eg, relatives and neighbors) are received by CPS, which then screens these cases (ie, referred cases) and investigates those likely to involve maltreatment. Confirmed cases are reports that were substantiated or indicated, where CPS concluded that there was sufficient evidence that maltreatment had occurred. The current study included data on every referred and confirmed child maltreatment case from the first year that NCANDS included data for all 50 US states and Washington, DC, from 2012 to the most recent year data were available (2023).<sup>11-22</sup> Incidence of child maltreatment and its subtypes were calculated using Child File data and US Census Bureau data on children for corresponding years. Analyses were restricted to children and adoles-

### Key Points

**Question** How has the incidence of child maltreatment among US children changed over time across sex, race, and ethnicity?

**Findings** This serial cross-sectional study of all Child Protective Services cases in the US from 2012 through 2023 (7 326 987 confirmed cases and 32 980 613 referrals) found that confirmed cases of overall child maltreatment declined and referrals remained unchanged, but disparities persisted, and in some cases widened, across time, particularly among Black children and female children.

**Meaning** These findings highlight the need to address leading drivers of risk for maltreatment, particularly poverty, including targeting differential barriers in access to public health benefits programs.

cents (hereafter, children) aged 0 to 17 years. Race and ethnicity were recorded as per the data system. This study was deemed not human subjects research by the institutional review board of Massachusetts General Hospital. The Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) reporting guideline was followed.

### Measures

Case report information on child demographic characteristics, maltreatment type (emotional abuse, physical abuse, sexual abuse, and neglect), and investigation outcome (confirmed or not) were included in the current study. For NCANDS Child Files and the Census Bureau population data, sex was coded as binary (female/male), as was ethnicity (Hispanic/non-Hispanic). Race was recorded as Asian, American Indian and Alaska Native, Black, Native Hawaiian and Other Pacific Islander, White, and multiple races. Asian and Native Hawaiian and Other Pacific Islander groups were combined due to low maltreatment rates in the Asian population.

### Statistical Analysis

Joinpoint regression was conducted to estimate piecewise log-linear trends in child maltreatment incidence over time, separately for confirmed and referred cases, collapsed within child per year to avoid double-counting children with multiple cases. After we fitted the regression to the natural logarithm of incidence per year as a regressor, significant turning points in temporal trends (joinpoints) were identified through a series of Monte Carlo permutation-based tests and model selection.<sup>23</sup> Annual percent change (APC) for each trend was calculated with 95% confidence intervals. If there was no significant change in trend, a straight line was fitted over the full study period based on a simple log-linear model. These analyses were conducted for the entire population for overall child maltreatment and its subtypes, and then repeated with analyses stratified by race, ethnicity, and sex. Analyses were conducted using Joinpoint Regression Program 5.3.0.0.<sup>24</sup> To evaluate racial and sex differences in child maltreatment at the beginning and end of the 12-year study period, risk ratios (RRs) were calculated with White and male, respectively, serving as reference groups. As race and ethnicity overlapped in NCANDS and US census

Table 1. Confirmed Cases of Child Maltreatment per 10 000 Children and Annual Percent Change in the US Population and Stratified by Sex, 2012-2023

Maltreatment type	Rate per 10 000 children		P value	Segment 1		P value	Segment 2		P value	Segment 3	
	2012	2023		AAPC (95% CI)	Years		APC (95% CI)	Years		APC (95% CI)	P value
<b>Overall maltreatment</b>											
Both sexes	84.19	71.78	<.001	-1.53 (-2.07 to -1.05)	2012-2018	.01	1.19 (0.24 to 2.44)	2018-2023	-4.68 (-6.49 to -3.49)	<.001	NA
Female	88.08	76.59	<.001	-1.25 (-1.64 to -0.90)	2012-2018	.003	1.24 (0.47 to 2.12)	2018-2023	-4.15 (-5.39 to -3.17)	<.001	NA
Male	79.90	66.70	<.001	-1.81 (-2.53 to -1.21)	2012-2018	.05	1.15 (0.00 to 2.82) <sup>a</sup>	2018-2023	-5.25 (-7.72 to -3.80)	<.001	NA
<b>Emotional abuse</b>											
Both sexes	7.01	4.89	<.001	-3.42 (-4.80 to -1.49)	2012-2014	<.001	-14.36 (-20.96 to -3.62)	2014-2023	-0.81 (-2.64 to 6.10)	.72	NA
Female	7.28	5.22	.003	-3.10 (-4.51 to -1.02)	2012-2014	.003	-13.67 (-20.44 to -2.26)	2014-2023	-0.58 (-2.81 to 7.93)	.92	NA
Male	6.74	4.57	<.001	-3.79 (-5.32 to -1.61)	2012-2014	.001	-15.12 (-22.18 to -2.97)	2014-2023	-1.08 (-3.48 to 7.95)	.69	NA
<b>Physical abuse</b>											
Both sexes	16.08	12.89	<.001	-1.71 (-2.30 to -1.24)	2012-2018	.03	0.90 (0.13 to 2.04)	2018-2021	-8.27 (-10.04 to -5.72)	.01	2021-2023
Female	15.56	12.66	<.001	-1.47 (-2.38 to -0.87)	2012-2018	.12	0.79 (-1.16 to 2.81)	2018-2021	-7.46 (-9.98 to 1.78)	.08	2021-2023
Male	16.50	13.03	<.001	-1.92 (-2.31 to -1.54)	2012-2018	.002	1.01 (0.40 to 1.72)	2018-2021	-8.97 (-10.22 to -7.58)	<.001	2021-2023
<b>Sexual abuse</b>											
Both sexes	8.26	7.33	<.001	-0.18 (-1.22 to 0.85)	2012-2023	.66	NA	NA	NA	NA	NA
Female	13.30	12.36	<.001	-0.34 (-0.71 to 1.42)	2012-2023	.51	NA	NA	NA	NA	NA
Male	3.40	2.49	<.001	-2.91 (-3.52 to -2.41)	2012-2015	<.001	-4.45 (-8.22 to -2.05)	2015-2018	1.50 (-1.01 to 3.45)	.23	2018-2023
<b>Neglect</b>											
Both sexes	64.04	54.82	<.001	-1.55 (-2.22 to -0.96)	2012-2018	.007	1.57 (0.44 to 3.15)	2018-2023	-5.16 (-7.33 to -3.75)	<.001	NA
Female	64.30	55.67	<.001	-1.42 (-2.05 to -0.87)	2012-2018	.004	1.62 (0.55 to 3.12)	2018-2023	-4.95 (-7.00 to -3.59)	<.001	NA
Male	63.35	53.62	<.001	-1.67 (-2.28 to -1.12)	2012-2018	.007	1.53 (0.45 to 3.01)	2018-2023	-5.38 (-7.31 to -3.99)	<.001	NA

Abbreviations: AAPC, average annual percent change; APC, annual percent change; NA, not applicable.

<sup>a</sup> The lower end of the confidence interval was rounded down but did not reach 0.

Table 2. Risk Ratios for Child Maltreatment in Racial Minority Groups Compared to White Individuals in the US Population in 2012 and 2023

Race <sup>a</sup>	Overall maltreatment		Emotional abuse		Physical abuse		Sexual abuse		Neglect	
	RR (95% CI)	P value	RR (95% CI)	P value	RR (95% CI)	P value	RR (95% CI)	P value	RR (95% CI)	P value
<b>2012 Confirmed cases</b>										
American Indian or Alaska Native	1.14 (1.11-1.16)	<.001	1.62 (1.52-1.72)	<.001	0.98 (0.93-1.03)	.39	0.60 (0.55-0.66)	<.001	1.22 (1.19-1.25)	<.001
Asian, Native Hawaiian, or Other Pacific Islander	0.29 (0.28-0.29)	<.001	0.36 (0.33-0.38)	<.001	0.32 (0.31-0.34)	<.001	0.23 (0.21-0.25)	<.001	0.28 (0.27-0.29)	<.001
Black	1.84 (1.83-1.85)	<.001	1.52 (1.49-1.56)	<.001	2.31 (2.28-2.34)	<.001	1.36 (1.33-1.39)	<.001	1.80 (1.79-1.81)	<.001
Multiple races	1.24 (1.22-1.25)	<.001	1.74 (1.67-1.80)	<.001	1.54 (1.50-1.58)	<.001	0.74 (0.71-0.78)	<.001	1.26 (1.24-1.28)	<.001
White	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
<b>2023 Confirmed cases</b>										
American Indian or Alaska Native	1.13 (1.11-1.16)	<.001	2.40 (2.27-2.54)	<.001	0.76 (0.72-0.81)	<.001	0.51 (0.46-0.55)	<.001	1.27 (1.24-1.30)	<.001
Asian, Native Hawaiian, or Other Pacific Islander	0.25 (0.24-0.25)	<.001	0.26 (0.23-0.28)	<.001	0.24 (0.23-0.25)	<.001	0.21 (0.19-0.23)	<.001	0.25 (0.25-0.26)	<.001
Black	1.83 (1.82-1.84)	<.001	1.24 (1.21-1.28)	<.001	2.12 (2.09-2.16)	<.001	1.02 (1.00-1.05)	.08	1.90 (1.88-1.91)	<.001
Multiple races	1.39 (1.38-1.41)	<.001	1.78 (1.72-1.85)	<.001	1.44 (1.41-1.48)	<.001	0.81 (0.78-0.85)	<.001	1.46 (1.45-1.48)	<.001
White	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
<b>2012 Referred cases</b>										
American Indian or Alaska Native	1.00 (0.99-1.01)	.92	1.23 (1.19-1.27)	<.001	0.81 (0.79-0.82)	<.001	0.61 (0.59-0.64)	<.001	1.07 (1.06-1.08)	<.001
Asian, Native Hawaiian, or Other Pacific Islander	0.30 (0.30-0.30)	<.001	0.42 (0.41-0.43)	<.001	0.37 (0.36-0.38)	<.001	0.21 (0.20-0.22)	<.001	0.26 (0.26-0.27)	<.001
Black	1.85 (1.84-1.85)	<.001	1.55 (1.53-1.56)	<.001	1.98 (1.97-1.99)	<.001	1.41 (1.40-1.43)	<.001	1.84 (1.84-1.85)	<.001
Multiple races	1.13 (1.12-1.14)	<.001	1.47 (1.45-1.50)	<.001	1.27 (1.26-1.28)	<.001	0.86 (0.84-0.88)	<.001	1.15 (1.14-1.16)	<.001
White	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
<b>2023 Referred cases</b>										
American Indian or Alaska Native	0.90 (0.89-0.91)	<.001	1.48 (1.45-1.52)	<.001	0.62 (0.61-0.63)	<.001	0.57 (0.55-0.59)	<.001	1.02 (1.01-1.04)	<.001
Asian, Native Hawaiian, or Other Pacific Islander	0.31 (0.31-0.31)	<.001	0.44 (0.43-0.45)	<.001	0.36 (0.35-0.36)	<.001	0.24 (0.23-0.25)	<.001	0.28 (0.28-0.29)	<.001
Black	1.84 (1.84-1.85)	<.001	1.24 (1.23-1.25)	<.001	1.87 (1.86-1.88)	<.001	1.21 (1.19-1.22)	<.001	1.92 (1.92-1.93)	<.001
Multiple races	1.21 (1.20-1.22)	<.001	1.19 (1.17-1.21)	<.001	1.23 (1.22-1.24)	<.001	0.89 (0.87-0.90)	<.001	1.28 (1.27-1.29)	<.001
White	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA

Abbreviations: NA, not applicable; RR, risk ratio.  
<sup>a</sup> Race was recorded in the National Child Abuse and Neglect Data System and US Census Bureau as Asian, American Indian and Alaska Native, Black, Native Hawaiian and Other Pacific Islander, White, and multiple races.

Asian and Native Hawaiian and Other Pacific Islander groups were combined due to low maltreatment rates in the Asian population.

Table 3. Confirmed Cases of Child Maltreatment per 10 000 Children and Annual Percent Change in the US Population Stratified by Race and Ethnicity, 2012-2023<sup>a</sup>

Maltreatment type	Rate per 10 000 children		Segment 1		Segment 2		Segment 3			
	2012	2023	AAPC (95% CI)	P value	Years	APC (95% CI)	P value	Years	APC (95% CI)	P value
<b>Overall maltreatment</b>										
American Indian or Alaska Native	73.33	68.33	-0.66 (-1.64 to 0.26)	.15	2012-2018	4.34 (2.47 to 6.92)	<.001	2018-2023	-6.35 (-9.41 to -4.20)	<.001
Asian, Native Hawaiian, or Other Pacific Islander	18.53	14.97	-1.77 (-3.17 to -0.58)	.02	2012-2019	0.97 (-0.45 to 4.14)	.17	2019-2023	-6.38 (-13.27 to -3.32)	<.001
Black	118.83	110.36	-0.93 (-2.02 to 0.01)	.05	2012-2019	2.55 (0.28 to 3.76)	.02	2019-2023	-4.96 (-10.34 to -2.49)	<.001
Hispanic	78.55	65.83	-1.81 (-2.67 to -1.13)	<.001	2012-2019	-0.22 (-1.01 to 1.57)	.66	2019-2023	-453 (-9.00 to -27.1)	<.001
Multiple races	80.01	84.07	-0.06 (-0.88 to 0.78)	.86	2012-2018	3.69 (2.21 to 5.98)	<.001	2018-2023	-4.39 (-7.14 to -2.65)	<.001
White	64.61	60.30	-0.74 (-1.08 to -0.42)	<.001	2012-2019	1.91 (1.37 to 2.51)	<.001	2019-2023	-5.19 (-6.40 to -3.85)	<.001
<b>Emotional abuse</b>										
American Indian or Alaska Native	8.42	10.32	1.49 (0.22 to 2.70)	.03	2012-2019	6.80 (4.88 to 9.43)	<.001	2019-2023	-7.17 (-12.56 to -3.64)	<.001
Asian, Native Hawaiian, or Other Pacific Islander	1.85	1.10	-4.98 (-6.07 to -4.27)	<.001	2012-2016	-7.72 (-13.41 to -5.18)	<.001	2016-2019	2.05 (-1.84 to 5.23)	.42
Black	7.92	5.34	-3.33 (-6.34 to -0.01)	.049	2012-2016	-12.41 (-29.22 to -2.68)	.02	2016-2023	2.28 (-3.92 to 24.81)	.28
Hispanic	7.49	4.02	-5.65 (-6.16 to -5.33)	<.001	2012-2016	-7.96 (-10.37 to -6.88)	<.001	2016-2019	-2.59 (-4.42 to -1.20)	<.001
Multiple races	9.03	7.66	-0.61 (-3.45 to 2.49)	.67	2012-2023	-0.61 (-3.45 to 2.49)	.67	NA	NA	NA
White	5.20	4.29	-1.66 (-3.33 to 0.78)	.19	2012-2014	-13.11 (-21.21 to -0.08)	.047	2014-2023	1.09 (-2.93 to 10.75)	.23
<b>Physical abuse</b>										
American Indian or Alaska Native	11.53	8.08	-2.95 (-4.11 to -1.84)	<.001	2012-2023	-2.95 (-4.11 to -1.84)	<.001	NA	NA	NA
Asian, Native Hawaiian, or Other Pacific Islander	3.83	2.53	-3.34 (-5.36 to -1.95)	<.001	2012-2018	-0.43 (-6.03 to 5.22)	.84	2018-2021	-13.19 (-18.47 to 3.22)	.08
Black	27.24	22.46	-1.45 (-2.39 to -0.78)	<.001	2012-2018	1.45 (0.41 to 3.10)	.02	2018-2021	-10.21 (-12.92 to -6.69)	.008
Hispanic	11.80	8.41	-3.60 (-4.44 to -2.82)	<.001	2012-2023	-3.60 (-4.44 to -2.82)	<.001	NA	NA	NA
Multiple races	18.22	15.26	-2.25 (-3.33 to -0.87)	<.001	2012-2014	-5.34 (-11.38 to 3.39)	.29	2014-2017	4.97 (-8.11 to 9.41)	.29
White	11.81	10.58	-0.81 (-1.39 to -0.36)	<.001	2012-2018	2.18 (1.29 to 3.42)	.02	2018-2021	-6.94 (-8.62 to 1.23)	.07

(continued)

Table 3. Confirmed Cases of Child Maltreatment per 10 000 Children and Annual Percent Change in the US Population Stratified by Race and Ethnicity, 2012-2023<sup>a</sup> (continued)

Maltreatment type	Rate per 10 000 children		Segment 1		Segment 2		Segment 3			
	2012	2023	AAPC (95% CI)	P value	Years	APC (95% CI)	P value	Years	APC (95% CI)	P value
<b>Sexual abuse</b>										
American Indian or Alaska Native	4.08	3.66	0.85 (-1.16 to 2.98)	.37	2012-2023	0.85 (-1.16 to 2.98)	.37	NA	NA	NA
Asian, Native Hawaiian, or Other Pacific Islander	1.56	1.52	1.93 (-0.63 to 4.86)	.13	2012-2023	1.93 (-0.63 to 4.86)	.13	NA	NA	NA
Black	9.27	7.39	-1.81 (-2.29 to -1.33)	<.001	2012-2014	-2.64 (-5.12 to 0.54)	.11	2014-2019	1.64 (0.35 to 3.93)	.04
Hispanic	7.04	7.49	1.68 (0.58 to 2.86)	.003	2012-2023	1.68 (0.58 to 2.86)	.003	NA	NA	NA
Multiple races	5.04	5.88	1.46 (0.88 to 2.08)	<.001	2012-2018	4.62 (3.46 to 6.31)	<.001	2018-2023	-2.21 (-4.11 to -0.89)	.002
White	6.80	7.24	0.93 (0.23 to 1.83)	.01	2012-2021	1.85 (1.06 to 4.86)	.02	2021-2023	-3.11 (-7.25 to 1.22)	.29
<b>Neglect</b>										
American Indian or Alaska Native	60.54	57.67	-0.69 (-1.69 to 0.29)	.15	2012-2018	4.77 (2.77 to 7.46)	<.001	2018-2023	-6.86 (-9.89 to -4.60)	<.001
Asian, Native Hawaiian, or Other Pacific Islander	13.79	11.53	-1.35 (-2.49 to -0.34)	.02	2012-2019	1.96 (0.49 to 4.51)	.009	2019-2023	-6.88 (-12.40 to -3.92)	<.001
Black	89.43	85.99	-0.58 (-1.82 to 0.46)	.19	2012-2019	1.91 (0.65 to 4.52)	.003	2019-2023	-4.80 (-10.91 to -2.11)	<.001
Hispanic	62.15	52.95	-1.80 (-2.54 to -1.18)	<.001	2012-2019	0.21 (-0.65 to 1.79)	.56	2019-2023	-5.22 (-8.93 to -3.32)	<.001
Multiple races	62.56	66.38	0.15 (-0.51 to 0.88)	.56	2012-2016	5.72 (3.45 to 10.4)	<.001	2016-2019	-0.19 (-4.33 to 4.77)	.87
White	49.63	45.37	-0.91 (-1.28 to -0.58)	<.001	2012-2019	2.08 (1.54 to 2.71)	<.001	2019-2023	-5.93 (-7.11 to -4.38)	<.001

Abbreviations: AAPC, average annual percent change; APC, annual percent change; NA, not applicable.

<sup>a</sup> Ethnicity was recorded in the National Child Abuse and Neglect Data System and US Census Bureau as Hispanic and non-Hispanic. Race was recorded as Asian, American Indian and Alaska Native, Black, Native Hawaiian and

Other Pacific Islander, White, and multiple races. Asian and Native Hawaiian and Other Pacific Islander groups were combined due to low maltreatment rates in the Asian population.

Table 4. Evaluations of Changes in Racial<sup>a</sup> and Sex Disparities in Child Maltreatment in the US Population Between 2012 and 2023

Group	Overall maltreatment		Emotional abuse		Physical abuse		Sexual abuse		Neglect	
	z Score	P value	z Score	P value	z Score	P value	z Score	P value	z Score	P value
<b>Confirmed cases</b>										
American Indian or Alaska Native	-0.55	.58	9.22	<.001	-6.39	<.001	-2.50	.01	2.31	.02
Asian, Native Hawaiian, or Other Pacific Islander	-10.81	<.001	-5.27	<.001	-9.06	<.001	-1.38	.17	-5.45	<.001
Black	-1.39	.17	-10.99	<.001	-8.02	<.001	-17.14	<.001	10.96	<.001
Multiple races	13.80	<.001	0.85	.39	-3.70	<.001	2.78	.005	15.29	<.001
White	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
<b>Referrals</b>										
American Indian or Alaska Native	-13.81	<.001	9.03	<.001	-21.26	<.001	-2.47	.01	-5.40	<.001
Asian, Native Hawaiian, or Other Pacific Islander	∞	<.001	2.77	.006	-1.76	.08	4.13	<.001	5.64	<.001
Black	-2.77	.006	-34.65	<.001	-15.23	<.001	-18.34	<.001	22.22	<.001
Multiple races	11.07	<.001	-17.35	<.001	-5.54	<.001	2.34	.02	17.96	<.001
White	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
<b>Confirmed cases</b>										
Female	13.85	<.001	3.70	<.001	5.31	<.001	15.60	<.001	5.52	<.001
Male	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
<b>Referrals</b>										
Female	19.97	<.001	20.69	<.001	16.70	<.001	15.21	<.001	15.45	<.001
Male	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA

Abbreviation: NA, not applicable.

<sup>a</sup> Race was recorded in the National Child Abuse and Neglect Data System and US Census Bureau as Asian, American Indian and Alaska Native, Black, Native

Hawaiian and Other Pacific Islander, White, and multiple races. Asian and Native Hawaiian and Other Pacific Islander groups were combined due to low maltreatment rates in the Asian population.

data, respectively, Hispanic children were not included in these analyses. *z* Scores were calculated to determine whether racial and sex differences changed between the start and end of the study period. For RRs, small, medium, and large effects were considered less than 1.25, 1.25-2.00, and greater than 2.00, respectively.<sup>25</sup> Two-tailed *P* values less than .05 were considered statistically significant.

## Results

From 2012 through 2023, there were 7 326 987 confirmed cases (per 10 000 children: 87.51 female and 78.46 male; 79.52 American Indian and Alaska Native, 17.72 Asian, Native Hawaiian, Pacific Islander, 121.69 Black, 67.21 White, 91.22 of multiple races, and 75.72 Hispanic) of 32 980 613 referrals (per 10 000 children: 382.72 female and 361.35 male; 293.45 American Indian and Alaska Native, 88.81 Asian, Native Hawaiian, Pacific Islander, 550.54 Black, 294.80 White, 358.08 of multiple races, and 313.43 Hispanic) of overall maltreatment. For maltreatment subtypes, 487 886 confirmed cases (3 426 709 referrals) were documented for emotional abuse, 1319 775 confirmed cases (9 583 319 referrals) for physical abuse, 701 573 confirmed cases (3 240 989 referrals) for sexual abuse, and 5 676 764 confirmed cases (24 853 284 referrals) for neglect. The sum of confirmed cases and referrals across individual forms of maltreatment exceeds the number of confirmed cases and referrals for overall maltreatment, respectively, because an overall confirmed case or referral could involve multiple forms of maltreatment.

## Overall Trends

Over the 12-year study period (Table 1; eFigure 1 in Supplement 1), confirmed cases of overall maltreatment declined (average APC [AAPC], -1.53; 95% CI, -2.07 to -1.05). This was characterized by an increase from 2012 to 2018, followed by a decrease from 2018 to 2023. Emotional abuse incidence declined across the study period (AAPC, -3.42; 95% CI, -4.80 to -1.49), with a decrease occurring from 2012 to 2014, before plateauing starting in 2014. Physical abuse also declined (AAPC, -1.71; 95% CI, -2.30 to -1.24), with an initial increase (2012-2018), followed by a decline (2018-2021), before leveling off (2021-2023). Sexual abuse incidence was unchanged throughout the study period (AAPC, -0.18; 95% CI, -1.22 to 0.85). Finally, neglect declined (AAPC, -1.55; 95% CI, -2.22 to -0.96), this trend characterized by an increase until 2018, followed by a decline over the rest of the study period. Referred cases for maltreatment and its subtypes remained largely unchanged over the study period (eg, overall maltreatment AAPC, 0.11; 95% CI, -0.33 to 0.58) (eTable 1 and eFigure 2 in Supplement 1).

## Trends Stratified by Race and Ethnicity

In a series of analyses comparing the incidence of overall maltreatment by race at the start and end of the study period, a general pattern of disparity emerged (Table 2); most racial minority groups had greater incidence of confirmed cases and referrals than did White children. Among racial minorities, confirmed cases and referrals were highest among Black children, followed by children of multiple races, and then American Indian and Alaska Native children, with Asian, Native Hawaiian, and Other Pacific Islander children experiencing the

Table 5. Risk Ratios for Child Maltreatment in Female Children Compared to Male Children in the US Population in 2012 and 2023

Sex	Overall maltreatment		Emotional abuse		Physical abuse		Sexual abuse		Neglect	
	RR (95% CI)	P value	RR (95% CI)	P value	RR (95% CI)	P value	RR (95% CI)	P value	RR (95% CI)	P value
<b>2012 Confirmed cases</b>										
Female	1.10 (1.10-1.11)	<.001	1.08 (1.06-1.10)	<.001	0.94 (0.93-0.95)	<.001	3.91 (3.83-3.99)	<.001	1.02 (1.01-1.02)	<.001
Male	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
<b>2023 Confirmed cases</b>										
Female	1.15 (1.14-1.15)	<.001	1.14 (1.12-1.17)	<.001	0.97 (0.96-0.98)	<.001	4.97 (4.86-5.08)	<.001	1.04 (1.03-1.04)	<.001
Male	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
<b>2012 Referred cases</b>										
Female	1.05 (1.05-1.05)	<.001	1.09 (1.08-1.10)	<.001	0.95 (0.95-0.96)	<.001	2.22 (2.20-2.24)	<.001	1.01 (1.01-1.02)	<.001
Male	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
<b>2023 Referred cases</b>										
Female	1.10 (1.09-1.10)	<.001	1.24 (1.23-1.25)	<.001	1.01 (1.01-1.02)	<.001	2.44 (2.42-2.46)	<.001	1.05 (1.05-1.05)	<.001
Male	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA

Abbreviations: NA, not applicable; RR, risk ratio.

lowest incidence among any racial group (as reflected by nonoverlapping confidence intervals). This pattern was largely replicated in analyses of neglect.

Unique patterns emerged by abuse subtype, except for the consistent finding of significantly lower incidence of confirmed cases and referrals among Asian, Native Hawaiian, and Other Pacific Islander children than those of all other racial groups. The incidence of confirmed cases and referrals for emotional abuse were higher among all minority race groups compared to White children at the start and end of the study period. For physical and sexual abuse, among minority children, Black children experienced the highest incidence rates, followed by children of multiple races, then American Indian and Alaska Native children, and finally Asian, Native Hawaiian, and Other Pacific Islander children (as reflected by nonoverlapping confidence intervals). In the case of physical abuse, when compared to White children, Black children and those of multiple races experienced more physical abuse, whereas Asian, Native Hawaiian, and Other Pacific Islander children experienced lower physical abuse and American Indian and Alaska Native children were only exposed to less physical abuse at the end of the study period. For sexual abuse, when compared to White children, Black children only had higher incidence at the start of the study period, whereas all other minority groups experienced lower incidence at the start and end of the study period.

Over the 12-year study period, incidence of confirmed overall maltreatment (Table 3; eFigure 3 in *Supplement 1*) decreased among Hispanic (AAPC,  $-1.81$ ; 95% CI,  $-2.67$  to  $-1.13$ ), Asian, Native Hawaiian, and Pacific Islander (AAPC,  $-1.77$ ; 95% CI,  $-3.17$  to  $-0.58$ ), and White children (AAPC,  $-0.74$ ; 95% CI,  $-1.08$  to  $-0.42$ ) but remained unchanged in all remaining racial groups. Across most racial and ethnic groups, incidence increased up to 2018 and 2019 and decreased across all groups thereafter. Although referrals for overall maltreatment did not change across the study period (eTable 2 and eFigure 4 in *Supplement 1*), the same general pattern was observed of an increase in incidence across most racial and ethnic groups up to 2018 and 2019, followed by a decrease.

For emotional abuse, an increase in confirmed cases (Table 3; eFigure 5 in *Supplement 1*) across the study period was observed among American Indian and Alaska Native children (AAPC,  $1.49$ ; 95% CI,  $0.22$  to  $2.70$ ) and a decrease among Asian, Native Hawaiian, and Other Pacific Islander (AAPC,  $-4.98$ ; 95% CI,  $-6.07$  to  $-4.27$ ), Black (AAPC,  $-3.33$ ; 95% CI,  $-6.34$  to  $-0.01$ ), and Hispanic (AAPC,  $-5.65$ ; 95% CI,  $-6.16$  to  $-5.33$ ) children. American Indian and Alaska Native children similarly experienced an increase in referrals (AAPC,  $3.17$ ; 95% CI,  $1.83$  to  $4.46$ ) (eTable 2 and eFigure 6 in *Supplement 1*). Referrals also increased for Hispanic (AAPC,  $1.39$ ; 95% CI,  $0.70$  to  $2.01$ ) and White (AAPC,  $1.51$ ; 95% CI,  $0.34$  to  $2.71$ ) children.

As for physical abuse, decreased incidence of confirmed cases (Table 3; eFigure 7 in *Supplement 1*) across the study period was found for all racial and ethnic groups, ranging in AAPCs of  $-0.81$  (95% CI,  $-1.39$  to  $-0.36$ ) for White children to  $-3.60$  (95% CI,  $-4.44$  to  $-2.82$ ) for Hispanic children. For referrals (eTable 2 and eFigure 8 in *Supplement 1*), a decline was only observed across the study period in the case of American Indian and Alaska Native children (AAPC,  $-1.93$ ; 95% CI,  $-3.62$  to  $-0.27$ ).

Confirmed cases of sexual abuse (Table 3; eFigure 9 in *Supplement 1*) increased across the study period for children of multiple races (AAPC,  $1.46$ ; 95% CI,  $0.88$  to  $2.08$ ), Hispanic children (AAPC,  $1.68$ ; 95% CI,  $0.58$  to  $2.86$ ), and White children to  $0.93$  (95% CI,  $0.23$  to  $1.83$ ), and decreased for Black children (AAPC,  $-1.81$ ; 95% CI,  $-2.29$  to  $-1.33$ ). As for referrals (eTable 2 and eFigure 10 in *Supplement 1*), increases across the study period were found across all races and ethnicities, except for Black and American Indian and Alaska Native children.

For neglect, confirmed cases (Table 3; eFigure 11 in *Supplement 1*) across the study period decreased among Asian, Native Hawaiian, and Other Pacific Islander (AAPC,  $-1.35$ ; 95% CI,  $-2.49$  to  $-0.34$ ), Hispanic (AAPC,  $-1.80$ ; 95% CI,  $-2.54$  to  $-1.18$ ), and White (AAPC,  $-0.91$ ; 95% CI,  $-1.28$  to  $-0.58$ ) children. However, across almost all racial and ethnic groups, incidence increased for at least the first 5 years before declining thereafter. Referrals (eTable 2 and eFigure 12 in *Supplement 1*) increased across the study

period among Black children (AAPC, 0.80; 95% CI, 0.22 to 1.37) and remained unchanged among all other racial and ethnic groups. This was characterized by increases across all groups until 2018, followed by decreases among American Indian and Alaska Native children, children of multiple races, and White children.

In comparisons of racial differences with White children in maltreatment between 2012 and 2023 (Table 4), Black children experienced decreased disparities for overall referrals, as well as confirmed and referred cases of emotional abuse, physical abuse, and sexual abuse, but they increased for confirmed and referred neglect. For American Indian and Alaska Native children, disparities decreased for referred cases of overall maltreatment, confirmed and referred cases of physical abuse and sexual abuse, and referrals for neglect. They increased for confirmed and referred cases of emotional abuse and confirmed neglect. Asian, Native Hawaiian, and Other Pacific Islander children experienced reduced disparities for confirmed cases of all forms of maltreatment, except sexual abuse, but also widening disparities for referred cases of all forms of maltreatment, except physical abuse. Disparities among multiracial children decreased for confirmed and referred cases of physical abuse, as well as emotional abuse referrals, but increased for confirmed and referred cases of all other forms of maltreatment, except for confirmed emotional abuse.

### Trends Stratified by Sex

Analyses comparing overall maltreatment and its subtypes by sex at the start and end of the study period revealed consistently higher confirmed cases and referrals among female children than male children for overall maltreatment, emotional abuse, sexual abuse, and neglect (Table 5). For physical abuse, incidence of confirmed cases and referrals were higher for male children in 2012 but became more prevalent for referrals among female children in 2023.

Across the study period, confirmed cases of overall maltreatment and its subtypes declined (Table 1; eFigures 13, 15, 17, 19, and 21 in *Supplement 1*), ranging from AAPCs of -1.25 (95% CI, -1.64 to -0.90) for overall maltreatment among female children to -3.79 (95% CI, -5.32 to 1.61 vs -1.81; 95% CI, -2.53 to -1.21 among male children) for emotional abuse among male children. The one exception was sexual abuse among female children, which saw no change. For referrals (eTable 1 and eFigures 14, 16, 18, 20, and 22 in *Supplement 1*), apart from a decrease in neglect among male children (AAPC, -0.46; 95% CI, -1.07 to -0.02), no changes were observed across the study period for either sex. Sex differences in all forms of maltreatment increased between 2012 and 2023 (Table 4).

### Discussion

This serial cross-sectional study presents what are, to our knowledge, the first whole-population estimates of temporal trends in CPS cases of child maltreatment across race, ethnicity, and sex in the US. Although overall maltreatment and its subtypes exhibited no change for referrals, declines occurred for con-

firmed cases of all forms of maltreatment, except for sexual abuse. Changes in incidence in confirmed cases of overall maltreatment, however, were largely characterized by increases across race, ethnicity, and sex through 2018 and 2019, followed by decreases through 2023. This pattern mostly replicated in referrals for overall maltreatment, but with declines ending in some cases in 2021. These findings support prior work suggesting that reported child maltreatment and related emergency department visits declined early in the COVID-19 pandemic.<sup>26-28</sup> Although some of the initial decline likely resulted from hindrance in reporting maltreatment during the pandemic lockdown, the absence of a corresponding drop in maltreatment-related hospitalizations suggests that physically severe maltreatment necessitating hospitalization did not change during this period.<sup>27</sup> Furthermore, the additional years available in the current study indicate that underreporting during the pandemic is unlikely entirely to account for observed declines in overall maltreatment; these decreases began in 2018 in most cases, continued through 2023 for confirmed cases and had not returned to their 2018/2019 peak for referrals by the end of the study period.

Important patterns emerge in analyses disaggregating by key demographic characteristics. First, the overall decline in confirmed maltreatment appears largely driven by reductions in most maltreatment subtypes among Asian, Native Hawaiian, and Other Pacific Islander; Hispanic; and White children. Second, racial disparities persisted across the 12-year study period. For American Indian and Alaska Native children, decreases in confirmed cases and referrals for physical abuse were largely negated by increases in emotional abuse. Asian, Native Hawaiian, and Other Pacific Islander children consistently had the lowest incidence of confirmed and referred cases for any maltreatment subtype, significantly lower than among White children in 2012 and 2023. Contrastingly, Black children were persistently at highest risk of almost all outcomes. This disparity was largest for physical abuse; although differences relative to White children have declined, incidence of confirmed cases and referrals remained approximately double those of White children in 2023. These findings are concerning, as this maltreatment subtype is most associated with hospitalization because of injury risk.<sup>29</sup>

Both sexes were largely consistent in experiencing temporal declines in confirmed cases and no changes in referrals for all forms of maltreatment. However, female children generally experienced more confirmed and referred cases in 2012, and these disparities persisted in 2023. Moreover, this gap was particularly pronounced for sexual abuse, as reflected by confidence intervals that did not overlap with those for other maltreatment subtypes, a finding consistent with the broader literature.<sup>30-32</sup> Moreover, this sex difference widened notably over time, as a function of decreases in confirmed cases among male children but no temporal change among female children. These broad temporal patterns generally parallel similar persistence or widening of disparities over time in girls relative to boys for several mental health outcomes (eg, depression<sup>33</sup> and suicide<sup>34,35</sup>). Physical abuse was a notable exception, with initially higher incidence among male children but with disparities reducing over time.

Although most effect sizes were small, their impact is magnified at the whole-population level<sup>36,37</sup> and when considering intergenerational transmission of maltreatment.<sup>38</sup> Within this context, the large effects for sex differences in sexual abuse and persistently higher maltreatment among Black children draw particular concern. Collectively, the current findings indicate that much remains to be done to reduce racial disparities in child maltreatment, particularly for Black children. Indeed, it is striking that this racial group with greatest room for improvement in overall maltreatment saw none, while that with least room for decline—Asian, Native Hawaiian, and Other Pacific Islander children—experienced improvements in this outcome.

Poverty is strongly implicated in risk for child maltreatment.<sup>39-41</sup> Targeting this risk factor may yield benefits across all demographics, but particularly Black children, given their greater exposure to economic disadvantage.<sup>42-44</sup> Lending strength to this position is the finding that these racial disparities in maltreatment largely disappear after accounting for poverty.<sup>40,44,45</sup> Government financial support and related policies for financially vulnerable families may yield dividends,<sup>26,46</sup> as several studies have found expansion in Medicaid, Supplemental Nutrition Assistance Program, other benefit programs, and tax credits to be associated with reductions in child maltreatment and related emergency department visits.<sup>47-52</sup>

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#### Limitations

This study has limitations. Although NCANDS' CPS data are the most reliable information on child maltreatment in the US,<sup>52</sup> non-CPS indices of child maltreatment (eg, self-report) may generate different results.<sup>53</sup> They also yield higher child maltreatment rates,<sup>54,55</sup> and thus current findings are likely conservative estimates of child maltreatment incidence. It is also possible that missing data reduced incidence estimates.<sup>56</sup> State-level differences, including state policies and funding, could also affect CPS rates across years.

#### Conclusions

This serial cross-sectional study found that the overall incidence of child maltreatment has declined for confirmed cases and remain unchanged for referrals. It also highlights persistent and, in some cases, worsening racial and sex disparities, especially among Black children and female children. Disparities in exposure to poverty may underlie much of the observed racial disparities, and evidence exists that reducing poverty through financial and other assistance programs may yield tangible reductions in risk for child maltreatment. Progress in addressing differential barriers in access to public health benefits programs will be critical for reducing these disparities.

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